

1 **Assessing the impacts of recent-past climatic constraints on potential**
2 **wheat yield and adaptation options under Mediterranean climate in**
3 **southern Portugal**

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14 **Abstract**

15 Wheat yield potentials under rainfed Mediterranean conditions have been long limited by late-in-season
16 occurrence of enhanced water deficits and high temperatures, coinciding with sensitive reproductive stages.
17 Present study aims to quantify and separate the impacts of two main abiotic stresses (drought & heat) on
18 potentially attainable wheat yields, in a typical Mediterranean environment of southern Portugal (Alentejo)
19 over 1986—2015. We also evaluate how possible adaptation options could mitigate potential yield losses
20 (reduce the gap between actual and potential yield). Previously calibrated STICS soil-crop model is used
21 for these purposes, which has been satisfactorily evaluated herein for yield simulations using additional
22 field data before running at regional level. By coupling with high-resolution gridded soil and climate
23 datasets, STICS simulations reliably reproduce the inter-annual variability of 30-year regional yield
24 statistics, together with reasonable estimations of experimental potential yields. Therefore, the model is
25 useful to explore the source of yield gap in the region. The quantified impacts, though with some
26 uncertainties, identify the prolonged terminal drought stress as the major cause of yield gap, causing 40–
27 70% mean potential yield losses. In contrast, a short-duration of crop heat stress ($\geq 38^{\circ}\text{C}$) during late grain-
28 filling phase only results in small-to-moderate reductions (up to 20%). Supplemental Irrigation (SI) during
29 reproductive stages provides good adaptive gains to recover potential yield losses by 15–30%, while the
30 proposed early-flowering cultivar is more useful in escaping the terminal heat stress (5–15% adaptive gains)
31 than avoiding prolonged drought stress. In addition, advancing sowing date generally favours wheat
32 production with a robust spatial-temporal pattern. Therefore, combined options based on application of SI,
33 using balanced early-flowering cultivar and early sowing date, may contribute to considerably reduce local
34 yield gap, where current yields can account for 60% of potential yields (26–32% without adaptation).
35 Regional impact assessment and adaptation modelling studies are essential to support agricultural policy
36 development under climate change and variability. The recommended combined adaptation may also
37 represent a promising adaptation strategy for rainfed wheat cropping system in other regions with similar
38 Mediterranean conditions. However, the existing spatial-temporal variability of adaptation response
39 highlights the need to address adaptation strategies at a more detailed local scale with better flexible design.

40

41 **Keywords:** Winter wheat, STICS, Regional crop modelling, Terminal abiotic stress, Yield gap,

42 Adaptation strategy

43

44 **1 Introduction**

45 Improving potential production and reducing local yield gaps are crucial to continuous crop productivity
46 gains under increasingly limited cultivation lands. This represents an important pathway to meet the
47 projected increasing food demand by about 70–100% until 2050s, mainly driven by population and
48 consumption growth (Godfray et al., 2010). Wheat (*Triticum aestivum* L.) is the staple food crop and
49 provide essential source of energy and nutrition for millions of people around the world. However, the
50 global wheat grain yield is estimated to decline between 4.1% and 6.4% with 1°C global temperature
51 increase under current conditions (Liu et al., 2016). For world’s major wheat producing regions, yield
52 reductions due to higher temperature during grain filling alone, could substantially undermine global food
53 security (Asseng et al., 2011). Moreover, high temperature episode can have larger negative effects with
54 water-limited conditions, e.g. by creating high vapour pressure deficits with rapid depletion rate of limited
55 soil water, resulting in very low leaf water potential and consequently leaf senescence (Farooq et al., 2011).
56 In Mediterranean region, precipitation mainly concentrates during autumn and winter with mild
57 temperature. The subsequent precipitation decrease and temperature increase in spring and summer, have
58 substantially enhanced climatic water deficits, causing frequent drought stress during crop (wheat) late
59 development phase (Pascoa et al., 2017; Saadi et al., 2015; Shavrukov et al., 2017).
60 The frequent occurrences of late-in-season water deficits and high temperature events, primarily overlapped
61 with the critical crop reproductive stages, have long constrained wheat yield potentials under rainfed
62 Mediterranean conditions (Asseng et al., 2011; Moriondo et al., 2010; Shavrukov et al., 2017; Yang et al.,
63 2019). These climatic constraints can be further intensified with the projected overall warming and drying
64 trend for the Mediterranean basin (Giorgi and Lionello, 2008), thus threatening the sustainability and
65 resilience of wheat cropping system. Therefore, development of adaptation strategies are urgently needed,
66 for which the research and innovation efforts should particularly focus on how to deal with more frequent
67 drought and heat stresses during anthesis and grain-filling stages (Moriondo et al., 2010).
68 The combined adaptation strategy, by introducing adaptive cultivars and adopting efficient management
69 practices, might be one of the most effective solutions (Ruiz-Ramos et al., 2018). Early-flowering cultivars,
70 associated with rapid crop development and quick transition to the reproductive phase, represent a
71 successful terminal stress escaping strategy for wheat production under Mediterranean environments
72 (Shavrukov et al., 2017). Such cultivars tend to have a short vegetative phase, resulting in an early
73 completion of growth cycle prior to enhanced terminal stresses, in a process usually correlated with short-

74 season genotypes. Under favourable conditions, early-flowering/maturity trait can limit grain yield
75 potential due to a shorter growth duration with less time for capturing light, nutrients and water. Despite
76 such trade-off, a gradual shift towards using early-flowering wheat varieties has been observed over the
77 last century in countries with Mediterranean-type climate, with overall yield benefits (Shavrukov et al.,
78 2017). Moreover, the compromised yield potentials can be further ameliorated by introducing
79 complementary traits of vigorous early growth, higher nutrient and water use efficiency (WUE), more
80 biomass accumulation before anthesis and so on (Shavrukov et al., 2017). Along with early-flowering
81 cultivar, adoption of early sowing date from a management perspective is also widely recommended for
82 wheat adaptation to Mediterranean-type climate (Moriondo et al., 2010; Moriondo et al., 2011; Ruiz-Ramos
83 et al., 2018). Anticipating growth cycle by early sowings, helps advancing the anthesis onset and shifting
84 the sensitive reproductive phase to a cooler and wetter part of the season. Moreover, flowering timing is an
85 important phenology event at which the high temperature episodes can occur with detrimental impacts, e.g.
86 pollen abortion and sterile wheat seeds (Rezaei et al., 2018), which should be carefully optimized by
87 combining appropriate cultivar choice with suitable sowing date. A wide range of phenology and sowing
88 date combinations should be the starting point of any adaptation studies in Mediterranean environment
89 (Ruiz-Ramos et al., 2018). Supplemental irrigation (SI) that supply additional water for rainfed crop during
90 the drought-sensitive period, has also been suggested to be a promising adaptation option for wheat
91 production in the Mediterranean region (Ruiz-Ramos et al., 2018; Saadi et al., 2015). SI during crop
92 reproductive phase can mitigate the negative effects of drought stress on critical assimilate partition process,
93 aiming to maximize WUE and stabilize crop yield with marginal to moderate yield losses (Oweis et al.,
94 1998).

95 In practice, the effectiveness of adaptation options will depend on site-specific conditions due to spatial
96 variations of climate, soil and management factors (Ruiz-Ramos et al., 2018). Although field experiments
97 still represent the reliable steps in verifying the adaptation effectiveness, they are often limited by a few
98 years and sites, under which the outcomes are difficult to be extended to a larger regional/national scale
99 (Asseng et al., 2011). Process-based crop models, are proven to be useful tools for simulating complex
100 genotype \times management \times environment interactions, providing crucial insights into understanding crop
101 response to possible field-level adaptations according to certain environmental conditions (Rötter et al.,
102 2018). Moreover, these simulation models are powerful tools to deal with multiple climatic factors and
103 simulate their individual and interactive effects during various crop growth stages (particularly the sensitive

104 stage) on final yield determinations (Asseng et al., 2014; Asseng et al., 2011). These features allow us to
105 quantify and separate the impact of observed climate constraints on crop yields solely due to drought stress,
106 from impact exclusively caused by heat stress. STICS is one of these models that simulate crop development
107 and growth at daily timescale, taking into account the interactions among weather-crop-soil-management
108 within cropping system (Brisson et al., 2003; Brisson et al., 2009; Brisson et al., 1998; Brisson et al., 2002).
109 Though STICS is a generic model for various plant species, it was initially parameterized, tested and
110 validated for cereal crops, e.g. wheat and maize (Brisson et al., 1998; Brisson et al., 2002). The predictive
111 model performance for important output variables (e.g. aerial biomass, grain yield and soil water content),
112 has been thoroughly evaluated over a wide range of agro-climatic conditions (including the rainfed wheat
113 system × Mediterranean-type climate), showing an overall robustness and satisfactory accuracy
114 (Coucheney et al., 2015).

115 Wheat cultivations are culturally, socially and economically important in Portugal, but insufficient domestic
116 productions lead to the dependency on importations for satisfying internal demand (Almeida et al., 2016).
117 The main wheat growing area is situated in the Alentejo region, southern Portugal, representing about 80%
118 of total growing area and accounting for >75% of national wheat production (INE, 2019). In southern
119 Portugal, though high temperature extremes are more or less relevant during the reproductive stage, water
120 stress can occur with varying degrees of severity throughout the growing season, which should be taken as
121 a whole (but still more pronounced during the reproductive stage). It is clear that climate-related risks for
122 wheat production are substantially high in this region and thus need to be carefully addressed, both spatially
123 and temporally. A previous study, conducted at one representative site within the region, suggested
124 projected future climates are likely to have an overall negative impact on mean wheat yield (−27% to −
125 14%), primarily driven by intensified drought and heat stresses during anthesis and grain-filling periods
126 (Yang et al., 2019). Over the last decades, it was found out that regional wheat growing areas had declined
127 drastically from an average of 211,104 ha (353,788 t) during 1986–1995 to of 47,394 ha (90,786 t) during
128 2006–2015 (INE, 2019). The reason for this increasingly low adoption, in addition to policy modifications,
129 could be largely explained by observed trend towards a more arid climate type in Alentejo, adding serious
130 concerns over yield returns and economic viability (as more investments and efforts would be required for
131 a desirable yield) (Pascoa et al., 2017; Valverde et al., 2015). Therefore, it is important to quantify and
132 understand to what extent of limitations the two main abiotic stresses (drought & heat) have been

133 historically imposed on potentially attainable wheat yield, and how adaptation options could help overcome
134 the limitations that are likely to be exacerbated under future climate change.

135 The current study is a continuation of the previous one (Yang et al., 2019), but instead of assessing impacts
136 of projected future climate, we rather choose to focus on the past conditions using information on observed
137 climate data, dominant soil types and relevant local management practices. As suggested by Challinor et
138 al. (2018), calculation of adaptation effects in a changing climate should be better based on the difference
139 of adaptation gains (compared to no adaptation) between projected future climate and current climate
140 conditions, whereas the comparative advantage of adapted future period with respect to a non-adapted
141 historical baseline is likely to result in an overestimation of adaptation benefits. Therefore, current study
142 could pave the way for a more reliable and integrated regional impact assessment of prospective climate
143 change. STICS model was previously calibrated for simulating local winter wheat yields using 5-year
144 independently published field data (Yang et al., 2019), but the relevance of calibrated crop parameters
145 should be further examined using additional representative datasets. Overall, we aim to (1) evaluate the
146 performance of calibrated STICS model in simulating (harvest) yield of rainfed wheat cropping system
147 using additional field trial data, before comparing grid-based yield simulations to regional mean yield
148 statistics over 1986–2015 in Alentejo. (2) STICS model is further used to quantify and isolate the impacts
149 of main climatic constraints (seasonal water deficits and high temperature extremes over grain filling) on
150 potentially attainable yields over 1986–2015 in Alentejo. Finally, (3) a combination of proposed early-
151 flowering cultivar with applied supplementary irrigation under a range of sowing dates, are examined as
152 potentially appropriate adaptation measures in mitigating the yield gaps between actual and potential yields.

153

154 **2 Data and methods**

155 *2.1 Study region and typical crop growth pattern*

156 The study was performed for Alentejo plains region (Southern Portugal). The regional climate features a
157 hot-summer Mediterranean climate, classified as “Csa” according to Köppen climate classification system
158 (Köppen, 1918). Rainfed agriculture has maintained its dominant role in the region, despite growing
159 interests for irrigation following the recent completion of the Alqueva dam and its ongoing expansion of
160 irrigation network (Valverde et al., 2015). Common (winter) wheat was typically sown in autumn, from
161 late October until mid-December, by direct drillings and harvested in June of next year (Almeida et al.,
162 2016; Pascoa et al., 2017). Crop experienced vigorous early vegetative growth during mild and wet winter

163 season when there was still adequate radiation, and the ideal heading date should be around April 1st ± 10
164 days to reduce the risk of spring frost damage (Almeida et al., 2016). Subsequent rising temperatures,
165 accompanied by low water availability during grain-filling period, resulted in an early leaf senescence and
166 consequently a very low harvest index before maturity (Almeida et al., 2016; Costa et al., 2013). Thus, the
167 utilized STICS soil-crop model was expected not only to simulate correctly the wheat yield, but also to
168 properly reproduce the typical growth pattern. Consequently, it can be a useful diagnostic tool for local
169 wheat grain production.

170

171 *2.2 The STICS soil-crop model*

172 *2.2.1 General description*

173 Brief descriptions of main simulated processes in STICS (v8.5) relating to our studies were presented here,
174 where more details of underlying model approaches and formalisms were given by Brisson et al. (2009).
175 Crop phenology development was calculated based on accumulated thermal time, expressed as Growing
176 Degree Days (GDD) with base temperature of 0°C for wheat. Phenology can be slowed by sub-optimal
177 photoperiod conditions, hindered vernalization fulfilment and effects of water and nutrient stresses.
178 Subsequent phenology-driven leaf area growth determined photosynthetic active radiation intercepted by
179 foliage, which then transformed into the aboveground biomass using the radiation use efficiency (RUE)
180 concept (net photosynthesis). The following grain yield formation during grain-filling phase (anthesis to
181 maturity) was calculated by applying a progressively increased harvest index (in analogous to a dynamic
182 partition coefficient) to the accumulated aboveground biomass. Soil was divided into a sequence of several
183 horizontal layers (maximum five), each of which was characterized by its hydraulic properties, bulk density
184 and mineral and organic N content (if any). The soil and crop interacted via roots, for which the growth in
185 root length and density was primarily a function of thermal time (phenology driven) and can be
186 synchronized with aboveground shoot growth.

187 *2.2.2 Water and heat stress simulations*

188 As accounted for most of crop models, stress effects were abiotic stress only and simulated as reduction
189 functions in STICS based on empirical relationships of limiting factor principles (Brisson et al., 2009). The
190 water stress reduction functions (index), varying from 0 (extreme) to 1 (absence), were simulated as the
191 ratio of crop available soil water content over root zone ($\text{cm}^3 \cdot \text{cm}^{-3}$), to crop water demand ($\text{cm}^3 \cdot \text{cm}^{-3}$) that
192 primarily depended on the maximum transpiration rate, effective root density distributions over the soil and

193 a physiological-function growth parameter (Brisson et al., 2009). The physiological growth parameter
194 differed among physiological processes to represent varied drought sensitivities, giving rise to different
195 water stress indices under the same soil water status. The phenology and leaf growth were affected by an
196 index that was more sensitive to drought stress than an index governing photosynthesis and RUE. Leaf
197 senescence, with senescent green leaf area and accumulated biomass losses, was considered less sensitive
198 to soil water shortage. The associated senescent water stress index that accelerate leaf senescence was active
199 mainly under severe water deficit.

200 Regarding heat stress for cereal crop, there were two main affected processes considered in the model,
201 namely net photosynthesis and grain yield formation (Brisson et al., 2009). Photosynthesis was the most
202 sensitive physiological process to elevated temperatures, where high temperature could impose Rubisco-
203 related metabolic limitations and oxidative damages to chloroplast structure and function (Farooq et al.,
204 2011). Such effects were simulated as a function of daily mean crop temperature, assuming optimal growth
205 range between 12 and 17°C (default settings), beyond which the adverse impacts gradually increased with
206 a non-linear function until complete inhibitions of photosynthesis at temperature $\geq 40^\circ\text{C}$ (default threshold)
207 (Brisson et al., 2009). Crop temperature was simulated in the microclimate module with an empirical
208 approach, determined by air temperature, surface net radiation and actual evapotranspiration (Brisson et al.,
209 2009). During grain-filling, the transportation rate of carbon assimilations from vegetative organs to grains
210 could be substantially reduced upon exposure to high temperature (Farooq et al., 2011). To account for this
211 effect, the model assumed a translocation threshold of daily maximum crop temperature ($\geq 38^\circ\text{C}$) could
212 temporarily halt the progression of grain filling (Brisson et al., 2009), which has been rigorously examined
213 and verified for winter wheat (Majoul-Haddad et al., 2013). This threshold is particularly relevant in dry
214 environment where limited surface evaporative cooling may lead to crop canopy temperature several
215 degrees higher than ambient air temperature (up to 7°C) (Rezaei et al., 2018). Heat stress can also trigger
216 senescence-related metabolic changes in wheat (e.g. breakdown of thylakoid components), resulting in
217 hastened leaf senescence (Farooq et al., 2011). This effect can be implicitly simulated via the link of
218 phenology module with relevant simulation processes, e.g. high temperature drove fast the phenology
219 development rate that in turn accelerated natural leaf senescence (Brisson et al., 2009).

220 *2.3 Input data for STICS model*

221 *2.3.1 Soil data*

222 Harmonized World Soil Database (HWSD, v1.2) was used to supply the information on the spatial
223 distribution of some required soil properties. HWSD was a comprehensive integration of several regional,
224 national and global soil databases, providing fine-resolution (~1 km) soil profile data worldwide, stored as
225 soil mapping units (FAO/IIASA/ISRIC/ISSCAS/JRC, 2012). Within each mapping unit, the compositions
226 of various soil units with different standardized topsoil (0–30 cm) and subsoil (30–100 cm) properties were
227 available, in which only the dominant soil unit (the highest share of each mapping unit) was considered.
228 The relevant soil properties were herein summarized in **Table 1**, together with estimation methods to assign
229 values for corresponding model input parameters. For instance, a sensitive parameter for soil evaporation,
230 was estimated based on particle size distribution using soil transfer functions proposed by Jamagne et al.
231 (1977) (**Table 1**). Besides, some cultivation fields in southern Portugal feature shallow soil types with low
232 fertility, long limiting the wheat yield potential (Almeida et al., 2016; Costa et al., 2013). To properly
233 incorporate this feature, simulations of shallow soil occurred with either a reference soil depth of 30 cm or
234 any presence of physical/chemical obstacles at a shallow depth (40–60 cm) limiting root growth. Both
235 information were retrievable from HWSD (**Table 1**).

236 The required soil hydraulic properties listed in **Table 1** were derived from another database, namely EU-
237 SoilHydroGrids 1 km (v1.0), which provides European-wide estimates of soil hydraulic properties at seven
238 standard soil depths (up to 2 m) using commonly available soil physical properties and the European
239 pedotransfer functions (Tóth et al., 2017). Following the extracted hydraulic properties at different soil
240 depths, the average values over topsoil and subsoil were calculated by deriving a weighted average within
241 the depth interval using the numeric integration method (i.e. trapezoidal rule) (Hengl et al., 2017; Tóth et
242 al., 2017). Other important soil properties required by STICS, namely the soil organic N content and
243 bioactive soil depth for mineralization, not usually available in many databases, were set to be constant in
244 accordance with our previous site-specific study conducted in southern Portugal (Yang et al., 2018).

245 *2.3.2 Climate data*

246 Required weather variables consisted of daily surface minimum and maximum temperatures (°C),
247 precipitation (mm), shortwave radiation ($\text{MJ m}^{-2} \text{day}^{-1}$), wind speed (m s^{-1}), actual vapour pressure (mbar),
248 potential evapotranspiration (PET, mm) and atmospheric CO_2 concentration (ppm). The study period was
249 defined as 1986–2015, corresponding to the 30-harvest years (simulation was initialized at 1985). For these
250 years, temperature and precipitation data were obtained from E-OBS v17.0 (www.ecad.eu), a pan-European
251 daily observational gridded data set (~25 km) that derived from spatial interpolation of dense weather

252 station networks with a temporal coverage from 1950 to present (Cornes et al., 2018; Haylock et al., 2008).
253 It has assimilated data series from approximately 3,700 and 9,000 weather stations for temperature and
254 precipitation, respectively, but the station density varied greatly across the domain with comparatively
255 fewer stations in southern Europe (Cornes et al., 2018). Regarding other variables, sub-daily datasets of
256 surface downward shortwave radiation, 10-m wind speed and 2-m dew point temperature were firstly
257 downloaded from ERA-interim (www.ecmwf.int), a global reanalysis of numerous climate variables
258 spanning from 1979 to present, at an original resolution of ~80 km (Dee et al., 2011). However, the
259 interpolated dataset (~12.5 km) was also available and chosen in our study. The extracted sub-daily data
260 were then processed into either daily sum (radiation) or daily mean (wind speed and dew point temperature).
261 The wind speed at 10 m was further converted into the surface value at 2 m following a logarithmic wind
262 speed profile, whilst the surface dew point temperature was used to estimate actual vapour pressure based
263 on the exponential function (Allen et al., 1998). PET was automatically calculated inside STICS according
264 to the Penman method (Penman, 1948). Annual record of atmospheric CO₂ concentration over the study
265 period was obtained from NOAA (www.esrl.noaa.gov/gmd/) and supplied as input relating to RUE
266 subroutine (Brisson et al., 2009).

267 2.3.3 Harmonization of input data

268 To harmonize the soil and climate input that originated at different spatial resolutions, it would be necessary
269 to divide the study region into regular horizontal grid cells, with a constant spatial resolution at 0.125°
270 latitude × 0.125° longitude (~12.5 km). This resolution was chosen for our simulation units, as it was
271 consistent with that of regional climate model simulations (EUR-11) from EURO-CORDEX (Jacob et al.,
272 2014), which allowed us to further perform impact assessment of regional climate change. Besides, to avoid
273 high computational burdens, the soil data was spatially aggregated from its original resolution of ~1 km to
274 12.5 km by sampling the most frequent soil type with interpolated hydraulic properties. The spatial
275 distribution of Total Available Water (TAW, mm) over soil depth was presented, showing higher TAW
276 (140–180 mm) in the western coastal zone than in the inner southeast areas (100–140 mm) (**Fig. S1**). As
277 for temperature and precipitation, they were assumed spatially homogeneous at their original resolution
278 (~25 km), thus containing four simulation units per 25 km × 25 km grid, whereas the remaining climate
279 variables (radiation, wind and vapour) have retained their interpolated resolution (~12.5 km). Consequently,
280 a unique combination of 30-year daily weather data and soil characteristics was completed for every grid
281 cell of simulation unit covering the region.

282

283 2.4 Simulation setup

284 2.4.1 Statistical evaluation of STICS simulations at field-to-regional scale

285 The model performance was firstly evaluated in simulating actual (harvestable) grain yields, which were
286 subject to substantial influence of seasonal drought and heat stresses over the past. For this purpose, annual
287 statistics of average common wheat yields in Alentejo region over 1986–2015 were obtained from national
288 statistical office (www.ine.pt) (INE, 2019). To conduct simulations at regional scale, it would be necessary
289 to account for the input uncertainties regarding the spatial heterogeneities of cultivar choices and agronomic
290 practices.

291 For regional crop modelling, it was assumed advantageous to define one regional adapted cultivar
292 representative of the average characteristics of the numerous used cultivars (Jégo et al., 2010). STICS was
293 previously calibrated for yield simulations using 5-year (1981–1986) published field trial data at one site
294 within Alentejo, with a satisfactory grain yield prediction performance, i.e. $R^2=0.9$, MAE=464 kg/ha and
295 nRMSE=20% (Yang et al., 2019). Refer to Yang et al. (2019) for calibrated crop parameter sets (adjustment
296 of the generic RUE and definition of the cultivar choice). However, the robustness/representativeness of
297 these calibrated crop parameters needed to be independently evaluated by using additional field
298 observations. Based on two relevant journal publications (Calado et al., 2008; Costa et al., 2013), we had
299 retrieved and assembled (bread) wheat yield trial data under a range of common cropping practices (sowing
300 date + N fertilization rate & date/seeding rates) at three sites across the study region (**Table S1**). These
301 yield data were particularly suitable for evaluation purpose, in that individual value represented the average
302 yield of multiple (15 or 20) frequently used bread wheat genotypes/advanced lines in Alentejo (**Table 2**).
303 Subsequently, it showed that the calibrated model was able to well reproduce (with all proposed statistical
304 metrics) observed yield response to various experimental treatments, at sites with different soil
305 characteristics and varying seasonal weather conditions (**Table 2**). The model performance was particularly
306 good at Herdade da Revelheira where it represented half of the evaluation datasets, whereas slightly poorer
307 performance (non-significant correlation but with good prediction accuracy) was found at Elvas (**Table 2**).
308 It might be attributed to limited sample size at Elvas (as significant correlation occurred by joining all sites
309 data), but also possibly due to lack of detailed input information regarding the irrigation scheduling (the
310 only site with supplemental irrigation applied) (Costa et al., 2013).

311 Concerning the agronomic practices, different sowing dates (from Oct_30 to Dec_20 with 10 days interval),
312 initial soil water contents (20% to 70% field capacity with 10% interval, depending on grid soil type) and
313 N fertilizations (from 40 to 140 kg/ha with 20 kg/ha interval), were tested as a range of management inputs
314 for every grid cell. These practices corresponded to the most relevant agronomic aspects for rainfed wheat
315 cropping system in southern Portugal, and the initial soil water content was chosen to mimic the impacts of
316 crop rotation strategies, where different preceding crops presented different water use patterns and soil
317 water availability for the following crop (Carvalho and Basch, 1999). By varying these management input
318 combinations (but with a constant set of calibrated crop parameters), the goodness-of-fit between 30-year
319 yield statistics and simulations was assessed for individual grids covering the region, using multiple
320 complementary statistical metrics. The evaluated statistical criteria included Pearson correlation coefficient
321 (with significance test), mean absolute error (MAE, kg/ha) and normalized root mean square error
322 (nRMSE, %). Simulations were considered to have an acceptable agreement when both significant
323 correlation and low error class (defined as $MAE \leq 600$ kg/ha and $nRMSE \leq 40\%$) occurred.

324 *2.4.2 The impacts of main abiotic (drought and heat) stresses on potential yield*

325 Besides modelling actual yields, simulations were also performed for potentially attainable yield (Y_p),
326 water-limited (Y_w) and heat-limited potential yields (Y_h). Y_p was achieved in absence of any biotic and
327 abiotic stresses with optimized farming practices, which was only determined by seasonal temperature,
328 solar radiation, CO₂ level and genetic traits (e.g. growth duration) (van Ittersum et al., 2013). However,
329 different sowing dates were able to affect Y_p as a result of influence on seasonal temperature and radiation,
330 e.g. early sowing increased growth cycle due to less exposure to late-in-season hot days (Ruiz-Ramos et
331 al., 2018). In STICS, the stress subroutines, including simulating water and nutrient stresses, heat stress,
332 waterlogging effect and frost damage, were all switched off when simulating Y_p , while any biotic stresses
333 were not assumed. Subsequently, Y_w was realized by solely enabling aggregated water stress effects over
334 the season (**Section 2.2.2**) during Y_p simulation, in which crop growth was mainly limited by seasonal
335 water supply and soil types (van Ittersum et al., 2013). Y_h was generated when Y_p only incorporated the
336 extreme translocation temperature threshold on halting the grain filling (**Section 2.2.2**). Therefore, the stress
337 impacts were quantified and calculated as the ratio of differences ($Y_w - Y_p$ or $Y_h - Y_p$) to Y_p , expressed as
338 the percentage of potential yield reductions (calculated for individual years and grids). Nevertheless,
339 potential yield losses attributing to sub-optimal high temperature on photosynthesis (**Section 2.2.2**) may
340 occur throughout the growing season, but such effect was shown to be negligible (maximum reductions by

341 –4% where simulations were performed under different sowing dates to account for variations of Y_p) (**Fig.**
342 **S2**).

343 *2.4.3 Tested adaptation options*

344 Our previous analysis revealed that using early-flowering wheat cultivars (10–30% earlier relative to
345 baseline) might be a suitable adaptation option in southern Portugal, in response to multi-model projections
346 of consistently enhanced terminal water deficits and high temperature episodes, where mean yield gains
347 were projected to be of 26–38% (Yang et al., 2019). However, given the known trade-off between terminal
348 stress alleviation and shorter growth duration, a 20% reduction on GDD between emergence and anthesis
349 in previously defined (calibrated) cultivar choice was chosen to mimic the adaptation option of using early-
350 flowering/short-cycle genotypes. Similar setting with 20% reduction on phenology phase was previously
351 adopted in CropSyst model to represent the short-cycle wheat genotype adaptation for a European-wide
352 climate change impact/adaptation study (Moriondo et al., 2010).

353 Concerning the management adaptation, SI was implemented in the model by scheduling a constant
354 irrigation amount of 20 mm (equivalent to 200 m³/ha) per intervention, starting from April 1st until June
355 20th with 10 days interval (totalling 180 mm), a period largely corresponding to heading, flowering and
356 grain-filling until maturity (Almeida et al., 2016; Costa et al., 2013). Besides, the simulated maximum crop
357 temperature is possible to be reduced by irrigation-induced evaporative cooling (heat stress reductions)
358 (Brisson et al., 2009), but the effects could be less evident without extensive and more frequent irrigation.
359 Consequently, these two adaptations will depend on sowing date, where shifting sowing dates, either
360 advanced (more favourite) or delayed, had been widely evaluated as possible adaptation options over
361 Mediterranean region (Moriondo et al., 2010; Ruiz-Ramos et al., 2018). Therefore, the proposed adaptation
362 options of using early-flowering cultivar and SI application would be separately and jointly (combined
363 adaptation) evaluated under a range of sowing dates, in terms of how to mitigate the potential yield losses
364 due to drought and heat stresses.

365

366 **3 Results and Discussion**

367 *3.1 Regional climate characterizations*

368 The Alentejo area is essentially characterized as a typical Mediterranean climate with irregular precipitation
369 distribution and strong inter-annual variability, accompanied by frequent occurrence of a short period of
370 high temperature during late spring (Almeida et al., 2016). The average annual mean temperature varies
371 from 15.5 to 17.5°C over the recent-past period (1986—2015), with a clear latitude gradient (**Fig. 1a**). For

372 a typical wheat growing season (October–June), the “hot days” (>30°C) mainly concentrate in April–June,
373 being higher for eastern interior areas than the western coastal zone (**Fig. 1a**). The annual precipitation
374 pattern presents an approximate longitude gradient of higher precipitation in the coastal zone than in the
375 innermost land (less than 500 mm) (**Fig. 1b**). The wet season typically spans from October to March with
376 the rest of the year being dry season, for which mean accumulated climatic water deficits during April–
377 June reach –300 to –400 mm over 1986–2015 (**Fig. 1b**). The high temperature episodes and the dry events
378 are most likely to occur during April–June, coinciding with the late wheat development phase (i.e. anthesis
379 and grain-filling), which constitute important climatic constraints for potentially attainable yields (Almeida
380 et al., 2016; Costa et al., 2013; Pascoa et al., 2017).

381

382 *3.2 Model test and evaluations against regional yield data*

383 Following overall satisfactory model calibration and evaluation outcomes at field-level, the model can be
384 confidently applied to a larger regional level, where the difference in the simulated wheat yields between
385 sites and years can be essentially explained by the difference in soil characteristics and weather conditions.
386 However, the spatial and temporal yield variations might not necessarily represent the best simulations
387 against regional yield statistics, as considerable uncertainties exist with different management inputs. A
388 preliminary three-way analysis of variance (ANOVA) for individual and interactive effects of the three
389 management input factors (6 levels each) on the historical (actual) yield simulations, at randomly selected
390 two sites over 1986–2015, has firstly been performed (**Table S2**). Although no significant interactive effects
391 are found, they are individually significant: the sowing date explains most of the simulated yield variance,
392 followed by initial soil water content and N fertilizations, respectively (**Table S2**). Local field experiments
393 also demonstrated a relatively more important role of sowing date in determining wheat yield across a wide
394 range of germplasms (both winter and spring wheat) (Costa et al., 2013). Though only two sites are tested
395 with uncertain implications for the region, this preliminary analysis aims to narrow numerous possible input
396 combinations at regional scale, i.e. testing them individually (6+6+6) by fixing the other two factors instead
397 of a totalling 6×6×6.

398 The spatial patterns of goodness-of-fit with integrated statistical analysis, combining all proposed criteria
399 (individual analysis is presented in **Fig. S3**) to select certain matching grid cells of the study region, reveals
400 that Nov_20 appears to be the best-fitted sowing date for yield simulations against statistical data (**Fig. 2a**).

401 In practice actual sowing date varies year to year and mostly depends on the autumn rainfall, the lack of

402 corresponding records for this sensitive parameter leads to fixed sowing date input every year across the
403 region. Thus, it is not necessarily true that Nov_20 is the mostly practiced sowing date, but as a model input
404 it results in a better simulation of observed yields. Nevertheless, the results can still suggest late sowing
405 (late than Dec_20) is less relevant, which indeed is also a “not recommended” regional practice as it moves
406 crop cycle towards situations with more terminal stresses (Almeida et al., 2016; Carvalho and Basch, 1999;
407 Costa et al., 2013). Under fixed sowing date (Nov_20), varying initial soil water content from 40% to 70%
408 field capacity (**Fig. S4** and **S5**) or N fertilizations between 40 and 140 kg/ha (**Fig. S6** and **S7**) can achieve
409 a similar goodness-of-fit result (**Fig. S8**). Thus, a common Mediterranean agronomic situation (50% field
410 capacity and 100 kg/ha N fertilization) together with adopted sowing date of Nov_20, result in a possibly
411 best estimation of observed yields at the regional scale (**Fig. 2** and **S3**). However, the agreement between
412 simulations and yield statistics is clearly less sensitive to a full range of N fertilization input (**Fig. S6–S8**).
413 This mainly results from the fact that N fertilization should be carefully optimized, taking into account
414 seasonal rainfall distribution (to minimize winter leaching losses) and soil types (soil mineralization
415 capacity) (Carvalho and Basch, 1995). Nevertheless, the irregular Mediterranean rainfall regime and the
416 lack of reliable and detailed information for soil organic N content over mineralization depth, make this
417 task very difficult, thus adding uncertainty to our simulations. Moreover, N uptake is often constrained
418 under rainfed conditions with restricted yield response to high N amount, due to low soil moisture and
419 transpiration flow (Oweis et al., 1998), which can be reflected in STICS by simulating a limited nitrate
420 convection flow (Brisson et al., 2009).

421 STICS simulations proves to be able to well reproduce the inter-annual variability of 30-year statistical
422 yields, with an acceptable level of estimation accuracy (**Fig. 2b**). The remaining discrepancies can be
423 partially explained by the influence of external factors (e.g. social-economic impacts) existed in the
424 statistical data. It is also important to note such an agreement is based on a certain spatial pattern of yield
425 simulations with a representative cultivar use and relevant (fitted) agronomic practices (**Fig. 2a** and **S3**).
426 The identified spatial pattern covers most of actual dryland arable areas in the region, except in the
427 Northeast mountainous areas (**Fig. S9**), for which more detailed measurements (e.g. field slope and thermal
428 gradient with elevation) might be helpful to further improve our simulations. For the mean (1,664 kg/ha)
429 and SD (463kg/ha) of regional yield statistics over 1986—2015, they are also very similar to those of
430 simulated yields (1,670 and 567 kg/ha respectively) (**Fig. 2b**). Furthermore, according to several regional
431 experimental results obtained from the National Plant Breeding Station, the observed mean potential wheat

432 yield over 1990–2010 is of 5,439 kg/ha (Almeida et al., 2016), very close to our simulated mean potential
433 yield of 5,777 kg/ha (5,827 kg/ha during 1986–2015) (**Fig. 2b**). The identified gap between actual and
434 potential yields is highly consistent with a European-wide study using a different crop model (WOFOST),
435 which highlights the highest wheat yield gap over 4,000 kg/ha is found in Portugal (Boogaard et al., 2013).
436 The model ability to reproduce actual wheat yields, based on statistical data and reasonable simulations of
437 experimental potential yields, may suggest it could be useful for exploring the source of yield gaps in the
438 region, mainly relating to the frequent late season occurrences of high temperature and water shortage
439 conditions (**Fig. 1**).

440

441 *3.3 Simulated seasonal crop growth pattern*

442 Growth and development simulations at seasonal scale are investigated at three regional representative sites
443 (**Fig. 3**), which are empirically evaluated attempting to further verify actual yield simulations. Similar
444 trends are obtained across sites despite small variation of extent, where model generally estimates a late
445 anthesis timing (**Fig. 3**) given the suggested optimum heading onset around April 1st ± 10 days (Almeida
446 et al., 2016). However, in practice, late heading can also be observed across cultivars (Costa et al., 2013).
447 Additionally, the measured mean grain-filling duration (~38 days) among several frequently-used bread
448 wheat genotypes (Dias and Lidon, 2009) has been successfully simulated for both early and late sowings
449 (**Fig. 3**), along with the simulations of typical harvest times (physiological maturity) in June (Almeida et
450 al., 2016). Small biases in simulated phenology may not necessarily translate into errors in yield
451 simulations, particularly a compensation mechanism exists between modelling pre- and post-anthesis
452 processes (Asseng et al., 2014).

453 The general perception of grain-filling occurring at low water availability and high temperature, resulting
454 in early leaf senescence with limited growth (Almeida et al., 2016), is also well reproduced irrespective of
455 sowing dates (**Fig. 3**). Simulated senescent water stress index, primarily triggered by severe crop water
456 deficit (**Section 2.2.2**) (light to moderate levels are not shown), mainly occurs late in the season from the
457 beginning of April (approximately beginning of leaf senescence) and tends to be progressively intensified
458 until reaching a stable state (approximately complete leaf senescence) lasting till harvest (**Fig. 3a, b**). In
459 contrast, the risk of crop experiencing heat stress ($\geq 38^{\circ}\text{C}$) mainly takes place over the very last development
460 phase (from late May until harvest) (**Fig. 3a, b**). Although both drought and heat stresses are more frequent
461 and intense late in the season, it is important to understand their detailed distributions in terms of duration,

462 probability and severity (Moriondo et al., 2011). Therefore, one important finding of present study reveals
463 that late-in-season occurrence of severe crop water deficits tends to persist over a relatively long period
464 (~two months), starting well ahead of grain filling, whereas heat stress mainly occurs within grain filling
465 with a relatively short duration (<20 days). In both cases, detrimental effects are more pronounced under
466 late sowing (**Fig. 3b**).

467

468 *3.4 Isolated impacts of drought and heat stresses at regional scale*

469 As expected, drought stress appears to be the main limiting factor for potentially attainable wheat yields,
470 representing a major source of yield gaps in the region, i.e. 40–70% mean potential yield losses covering
471 most of the area for all sowing dates (**Fig. 4a**). Climatic droughts, especially during grain filling and late
472 ripening phases, have previously been identified as the major cause of rainfed wheat yield losses within the
473 Iberian Peninsula, where concordance of low yield anomalies and dry events was found over 1986–2012
474 (Pascoa et al., 2017). Given the dominant role of drought, our study goes further by providing an estimation
475 of the magnitude of the impacts, which, nevertheless, should be carefully interpreted. The drought-induced
476 yield losses should implicitly include the negative effects of N deficiency, as potential yield gains by N
477 fertilization are often smaller under limited soil moisture (Oweis et al., 1998). On the other hand, STICS,
478 like many other crop models, does not exhaustively include all explanatory variables (with simplified
479 approaches) in describing growth and yield formation processes under water-limited conditions. This is
480 related to the model structure uncertainty (for the quantified impacts), which can be further addressed by
481 using multi-model ensemble (Asseng et al., 2014; Asseng et al., 2019; Ruiz-Ramos et al., 2018).

482 In contrast, potential yield reductions exclusively due to heat stress during grain-filling period may have
483 been less severe in the past, i.e. mostly moderate reductions (5–20%) over the inner east lands and under
484 late sowing, while negligible over western coastal areas (**Fig. 4b**). For evaluated heat stress impacts, the
485 present study only considers affected processes relating to net photosynthesis (proves negligible, **Fig. S2**),
486 and assimilate translocation during grain filling (**Fig. 4b**), which may potentially neglect other important
487 sources of temperature impacts. For instance, under elevated temperature (>30°C) during the late
488 development phase (**Fig. 1a**), shortened grain-filling duration can reduce individual grain weight and final
489 yields (Farooq et al., 2011). However, this effect is unable to be captured using the present approach, since
490 both Y_p and Y_h simulations consider advanced phenology and reduced length of phenophase caused by high
491 temperature that cancel each other during the calculation. Moreover, reduced grain number at temperature

492 above 30 or 31°C during floret development or around anthesis in association with pollen abortions and
493 sterile grains (Farooq et al., 2011; Rezaei et al., 2018), are currently not explicitly simulated (Brisson et al.,
494 2009). All these may contribute to an underestimation of potential yield losses caused by heat stress, which
495 require further model development with improved and advanced heat response functions (Rötter et al.,
496 2018). Nevertheless, a noticeable yield loss up to 20% is discovered, which is expected to be amplified with
497 projected higher frequency of heat events during sensitive stages (e.g. anthesis) throughout Mediterranean
498 basin (Moriondo et al., 2010; Moriondo et al., 2011). Heat stress is thus likely to be as important as drought
499 stress in limiting wheat grain yields with global warming trend (Asseng et al., 2019), despite a probably
500 (comparatively) less pronounced role in the past.

501 Simulated spatial patterns are highly associated with their spatial distributions of observed climate and soil
502 inputs, i.e. relatively higher yield losses over inner southeast areas where climate is warmer and drier (**Fig.**
503 **1**) with frequent soil types of low TAW (**Fig. S1**) and of presence of shallow root obstacles (not shown).
504 Moreover, the yield impacts are also dependent on sowing date, where potential yield losses tend to be
505 progressively increased from early (Oct_30) to late sowings (Dec_20 with the most widespread yield losses
506 by 55–70%), as this gradually increases the risk of crop exposure to terminal drought and heat stress events
507 (**Fig. 4**). Advanced sowing time usually favours wheat productions over delayed sowing under typical
508 Mediterranean conditions by advancing critical reproductive stages with less exposure to stressful
509 conditions at the end of cycle (Carvalho and Basch, 1999; Moriondo et al., 2010; Shavrukov et al., 2017).
510 However, the anticipation of growth cycle can be possibly constrained under climate change, due to either
511 projected longer dry season lasting until autumn (Ruiz-Ramos et al., 2018) or the adversely affected crop
512 vernalization fulfilment in response to a warmer climate during early sowing window (Yang et al., 2019).

513

514 *3.5 Possible adaptation effects over 1986–2015*

515 *3.5.1 Supplemental irrigation (SI) under different sowing dates*

516 Adaptation planning and modelling should target at minimizing the adverse impacts of identified terminal
517 abiotic stress events (**Fig. 3** and **4**). SI during sensitive crop stages shows good potential to recover potential
518 yield losses by alleviating critical drought stress impact (**Fig. 5a**), resulting in mean yield gains (mostly) of
519 15–30% across the region (difference between **Fig. 5a** and **Fig. 4a**, i.e. adaptive effects). Notably the
520 positive effect is greater when crop is becoming more exposed to drought stress during sensitive growth
521 stages, as seen in simulations with late sowing (Dec_20) where the widespread potential yield losses of 55–

522 70% (**Fig. 4a**) are successfully mitigated to a moderate level of 25–55% (**Fig. 5a**). Due to the fact that
523 rainfed cropping system is highly dependent on precipitation in the Mediterranean basin (Oweis et al.,
524 1998), SI is widely investigated as a promising adaptation option under prospective warming and drying
525 trends (Moriondo et al., 2010; Ruiz-Ramos et al., 2018). A single SI is sufficient to develop high yield
526 adaptive potential in “Mediterranean South” wheat cultivation zone in Spain, allowing to overcome most
527 of the detrimental effects of complex interactions among a wide range of temperature, precipitation and
528 CO₂ perturbations (Ruiz-Ramos et al., 2018). The adaptation responses in current climate in terms of
529 irrigation efficiency and yield gains (180 mm/season for 15–30%) are lower than those reported in an
530 adaptation modelling study under a 2°C warming scenario (120 mm/season for 41% averaged over
531 Mediterranean basin) (Moriondo et al., 2010). This may indicate the SI advantages may be even higher
532 under future climate. However, to support implementing this adaptation measure, ongoing expansion of
533 irrigation infrastructure in Alentejo is essential (Almeida et al., 2016; Valverde et al., 2015), despite a
534 growing competition in water allocation between Mediterranean agriculture and other sectors (Saadi et al.,
535 2015).

536 *3.5.2 Early-flowering cultivar under different sowing dates*

537 The proposed early-flowering cultivar aims to avoid, at least partially, the enhanced water and heat stresses
538 during late growing season. Over 1986–2015, the simulated 20% early-flowering cultivar results in mean
539 advanced anthesis onset and grain filling by 13–17 days, with more pronounced effects in early sowing
540 (**Fig. S10a**). Delayed sowing date moves the crop cycle towards the most favourable period for
541 vernalization, with earlier exposure to required winter chilling (Ruiz-Ramos et al., 2018), whereas crop
542 tends to have a comparatively longer vernalization period with advanced sowing. As a result, the shortened
543 pre-anthesis phase of early-flowering cultivar is more effective with early sowing (**Fig. S10a**), because it
544 enables more reductions of crop vernalization demand in days (as per GDD accumulation takes more days).
545 Given the simulated advancements by days, the stress escaping strategy by adopting the proposed early-
546 flowering cultivar is clearly more useful for avoiding terminal heat stress over a relatively short period than
547 escaping the prolonged drought stress since early April (**Fig. 3**). The partially avoided terminal water stress
548 only generates net yield gains by about 0–4% across the region regardless of sowing dates (**Fig. S10b**). In
549 contrast, quantified potential yield losses of 5–20% solely by terminal heat stress (**Fig. 4b**) almost
550 completely disappear when early-flowering cultivar is introduced (noticeable improvements at late
551 sowing), resulting in mean adaptive yield gains of 5–15% throughout the region (difference between **Fig.**

552 **5b and Fig. 4b).** Notably, mean yield impact of heat stress ($\geq 38^{\circ}\text{C}$) during grain filling over 1986–2015
553 may become negligible (0–5%), provided that the early-flowering cultivar was not sown late (before
554 December) (**Fig. 5b**).

555 In the Mediterranean environment, modern wheat varieties can display an earlier flowering onset by 10–13
556 days than old varieties over a century of breeding efforts, which are also considerably more productive by
557 minimizing the risk of drought stress during anthesis and grain-filling stages (Shavrukov et al., 2017).
558 However, the effectiveness of terminal drought escaping strategy is variable over the Mediterranean basin,
559 being largely determined by the site-specific seasonal precipitation distribution and associated duration of
560 dry spells (Ruiz-Ramos et al., 2018). In case of repeated and continuous dryness, the benefits can be
561 considerably compromised causing impaired growth, unless crop switches its response to a more effective
562 mechanism of drought tolerance (Shavrukov et al., 2017). Yet, the development of early-flowering wheat
563 cultivar still proves to be a wise investment for Mediterranean area if global warming trend continues
564 (Shavrukov et al., 2017). On one hand, it can help escaping the terminal heat stress, for which the frequency
565 of occurrence was projected to have a widespread increase across the Mediterranean basin (Moriondo et
566 al., 2010; Moriondo et al., 2011). On the other hand, the risk of spring frost damage during heading and
567 anthesis, that largely limits the adoption of early-flowering cultivars in Portugal under current climate
568 (especially when sown early) (Almeida et al., 2016), might be markedly reduced with projected increases
569 in both minimum and maximum temperature (Yang et al., 2019). Additionally, the terminal stress escaping
570 mechanism can be combined with strong early vigour traits to compensate for the biomass and yield losses
571 of reduced growing length (Asseng et al., 2011).

572 *3.5.3 Combined adaptation*

573 When early-flowering cultivar is introduced with the application of SI over the sensitive period, simulation
574 results show that the yield gap is markedly reduced: ratios of actual to potential yield averaged over 1986–
575 2015 are mostly about 50–80% over the region (**Fig. 6**) and 26–32% (**Fig. 7a**) with and without the
576 combined adaptation respectively. Moreover, a clear trend of increasing actual (adapted and non-adapted)
577 and potential yields with gradually advanced sowing date, is consistently detected spatially and temporally
578 (**Fig. 7a, b**). It confirms that combined adaptations based on early sowing provide good and wide adaptive
579 potential (Moriondo et al., 2010; Ruiz-Ramos et al., 2018).

580 The spatial-temporal analysis also suggests that the simulated yield averages over the region and period
581 (1986–2015) under combined adaptation consistently represent about 60% of corresponding potential

582 yields for all sowing dates (but absolute yields are higher under early sowing) (**Fig. 7a, b**). However, there
583 are considerable yield spatial and temporal variabilities, where the latter tends to be larger than the former
584 irrespective of sowing dates (**Fig. 7a, b**), which primarily links to a stronger role of climate inter-annual
585 variability than that of spatial climate variability. The adaptation responses (averages over 1986–2015) vary
586 with different meteorological conditions and soil types throughout the region: higher adaptive gains (65–
587 80%) in the wetter western coast areas but lower (35–50%) over the southeast interior areas with relatively
588 warmer and drier climate and less favourable soil types (**Fig. 6**). Adaptation performances are only
589 ineffective in very few grids, where the yield gap remains largely unchanged (actual to potential yield ratios
590 are of 20–35%) compared to that (26–32%) without adaptation (**Fig. 6**). It can be attributed to the soil types
591 of these grids, which are found to possess enriched clay content (heavy clay soil) with poor drainage.
592 Irrigation water may only have effects on the topsoil (30 cm), such as the case already observed at local
593 wheat cultivation fields (Costa et al., 2013). On the other hand, combined adaptation performs well in
594 normal and wet years, but with exacerbated outcome in very dry years (regional averaged annual yield)
595 over 1986–2015 (not shown but included in the box-plot of **Fig. 7b**). The assumed SI scheduling is largely
596 ineffective to tackle the most severe and anomalously long dry spell (e.g. simulated leaf senescence begun
597 much early before reproductive stage in 2005), while shortened growth duration with applied early-
598 flowering cultivar only reduces yield potential. There is thus a strong need to develop a more robust and
599 flexible SI scheduling to stabilize crop yields with maximized WUE, taking into account different local soil
600 types and climate conditions, as well as the strong inter-annual variability and irregularity of Mediterranean
601 precipitation.

602 In general, our findings are highly consistent with the results of a similar study conducted in another
603 Mediterranean environment in northeast Spain, highlighting an overall high adaptive potential of SI for
604 rainfed wheat cropping system, which should also be combined with other appropriate options, including
605 the use of short-cycle or spring wheat cultivars and advocating the early sowing practice (Ruiz-Ramos et
606 al., 2018).

607

608 **4 Conclusion**

609 Under rainfed Mediterranean conditions, wheat grain filling tends to occur with enhanced water deficits
610 and high temperature (April–June), being recognized as the main climatic constraint and vulnerability for
611 wheat production in southern Portugal (Alentejo). The present study represents the first attempt, to our best

612 knowledge, to quantify and understand the contributions of main abiotic stresses (drought & heat) to
613 potential wheat yield losses (gap between actual and potential yields) at (Alentejo) region scale. Following
614 satisfactory model calibration and evaluation outcomes at different sites over multiple years, the STICS
615 soil-crop model also shows capability to well reproduce the inter-annual variability of regional yield
616 statistics over 1986–2015, taking into account spatial heterogeneity of climate conditions, soil
617 characteristics and management practices. Reliable simulations are also obtained for the common seasonal
618 growth pattern and for the experimental potential yields without abiotic stress. Therefore, the model is
619 utilized to explore the source of yield gap in the region, mainly relating to the impacts of frequent terminal
620 drought and heat stress events. Our study identifies crop drought stress as the major cause of yield gap in
621 Alentejo over 1986–2015, which is largely associated with the detected prolonged duration of severe water
622 deficit rather than the crop heat stress ($\geq 38^{\circ}\text{C}$) that lasts for a relatively short period during late grain filling
623 phase. However, uncertainties exist with respect to the possible underestimation of heat stress impacts, due
624 to limited model ability to capture full range of heat response mechanisms. Note that biotic stress is
625 generally of a lesser concern in Alentejo, due to the extensive use of disease-resistant genotypes and the
626 dry environment that constrains the disease spread.

627 Although both drought and heat stresses are prone to be more frequent and intense during late wheat
628 growing season under Mediterranean environment, it is essential to understand their site-specific
629 distributions for designing target adaptation strategies. Across a range of sowing dates, the assumed SI
630 during reproductive stages provides good adaptive potential to recover potential yield losses by alleviating
631 the critical drought stress impacts. However, the SI benefits could be compromised in sites with soil types
632 of poor drainage and in years with extreme drought events, which require the development of a more robust
633 and flexible SI scheduling. Proposed early-flowering cultivar, accounting for the trade-off between
634 shortened growth duration and reduced terminal stress impacts, appears to be more useful in escaping the
635 end-in-season heat stress than avoiding prolonged terminal drought stress (with negligible benefits). By
636 combining these two adaptation options at various sowing dates, it reveals a robust spatial-temporal pattern
637 of an overall advantage for early sowing than for late sowing. Moreover, the early-flowering cultivar should
638 be sown early to maximize the chance of success for effective terminal stress escaping strategy. Therefore,
639 combined options based on SI during sensitive growth stages, use of balanced early-flowering/short-
640 genotype cultivars and early sowing practice, may represent a promising adaptation strategy to mitigate the
641 significant yield gap (likely widened under climate change) of dryland wheat cropping system for Alentejo,

642 with important implications for the entire Mediterranean basin (particularly the southern region). However,
643 a considerable spatial-temporal variability indicates adaptation response will highly depend on specific soil
644 types and meteorological conditions (both climate mean and variance), highlighting the needs for adaptation
645 strategies tailored to local conditions, and to account for a broad scope of options for a more flexible
646 adaptation scheme (e.g. autonomous adaptation with changing climate).

647

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Table 1. Summary of important soil properties, observational source and approaches to estimate corresponding input soil parameters for STICS

| Soil properties | Observed source | Estimation methods or assumptions to assign input values |
|--|-------------------|---|
| USDA Soil texture | HWSD | Sand (%) |
| | | Clay (%) |
| | | Silt (%) |
| Soil layer division | HWSD | To estimate the cumulative potential soil evaporation limit (mm) as a function of sand or clay content (Brisson et al., 2009; Jagne et al., 1977) |
| Bulk density (g cm^{-3}) | HWSD | To estimate dry soil albedo as a function of soil texture class (Brisson et al., 2009) |
| Surface calcium carbonate content (%) | HWSD | General assumption (topsoil=30 cm and subsoil=70cm) but modified by possible presence of shallow soil |
| Soil surface pH (H_2O) | HWSD | A direct input parameter |
| Soil obstacle depth to root growth (cm) | HWSD | A direct input parameter |
| Surface slope degree (%) | DGTerritório | A direct input parameter |
| Soil hydraulic variables | EU–SoilHydroGrids | Volumetric moisture at field capacity (%) |
| | | Volumetric moisture at wilting point (%) |
| | | Saturated hydraulic conductivity (mm day^{-1}) |
| | | To estimate fraction of Hortonian runoff based on USDA CN curve method (Brisson et al., 2009) |
| | | To estimate mean values over soil layers and convert into gravimetric water content |
| | | To approximate for infiltration rate (mm day^{-1}) at the base of each soil layer |

DGTerritório (Directorate-General for the Territory) is an online database, mainly providing information on land use and land cover map in Portugal

Table 2. Soil characteristics, seasonal weather conditions and statistical evaluations of previously calibrated STICS soil-crop model performance in simulating local wheat grain yields (15% water content) at three sites (different from the calibration site) within the study region

| Sites | Soil characteristics | | Trial Year | T _{mean} (°C) | P _{recip} (mm) | Number of observed yields (Number of genotypes) | Statistical evaluation | | | | | | References | |
|--------------------------------|----------------------------|----------|------------|------------------------|-------------------------|---|------------------------|----------------|--------------|-----------|-------------|-------------|------------|-----------------------|
| | Dominant soil unit (FAO90) | TAW (mm) | | | | | <i>r</i> | R ² | RMSE (kg/ha) | nRMSE (%) | MAE (kg/ha) | MBE (kg/ha) | | Slope |
| Herdade do Louseiro | Vertic Luvisols (LVv) | 142 | 1994–1995 | 14.9 | 293 | 4 (15) | 0.9* | 0.9 | 484 | 32 | 477 | 13 | 0.3* | (Calado et al., 2008) |
| | | | 1996–1997 | 15.4 | 620 | | | | | | | | | |
| Herdade da Revelheira | Dystric Regosols (RGd) | 135 | 1998–1999 | 14.6 | 251 | 8 (15) | 0.8* | 0.6 | 421 | 18 | 371 | –95 | 0.9* | (Calado et al., 2008) |
| | | | 1999–2000 | 14.5 | 511 | | | | | | | | | |
| Elvas | Chromic Cambisols (CMx) | 84 | 2011–2012 | 14.2 | 257 | 4 (20) | ns | - | 344 | 12 | 338 | –11 | ns | (Costa et al., 2013) |
| All Sites (overall evaluation) | | | | | | | 0.8* | 0.6 | 420 | 19 | 389 | –47 | 0.8* | |

Note: TAW represents the crop Total Available Water (mm), which has been calculated as the difference between soil volumetric moisture at field capacity and wilting point and integrated over the corresponding soil depth. T_{mean} and P_{recip} are mean daily temperature and total precipitation over the experimental season (October–June) of the corresponding trial year, respectively. The gridded datasets aforementioned have been utilized to supply site-specific information on soil and climate. Each observed yield from certain treatment is the average yield over the corresponding number of bread wheat cultivars (in brackets) used in the field trials, and refer to the literature references for specific genotype information. MBE denotes mean bias error between simulations and observations. Slope is the regression coefficient from the linear regression analysis between observed (x) and simulated yields (y). Statistical significance ($p < 0.05$) has been denoted with the asterisk, whereas ns means non-significant statistics.

761 **Figure Captions**

762 **Fig. 1** Climatic characteristics over the recent-past (1986—2015) period for the Alentejo region in southern
763 Portugal. **(a)** Average annual mean temperature (T_{mean} , °C) along with average number of days with
764 maximum temperature (T_{max} , °C) above 30°C (hot days) during October to December (OND), January to
765 March (JFM) and April to June (AMJ), as well as for **(b)** average annual precipitation (Precip, mm) along
766 with mean climatic water deficit (precipitation minus PET, mm) for the respective three seasonal periods.
767 The white grid in each sub-plot indicates the Alqueva dam.

768 **Fig. 2** Integrated statistical analysis where **(a)** significant correlation coefficient with low error class
769 ($\text{MAE} \leq 600$ kg/ha and $\text{nRMSE} \leq 40\%$) occurs at identified grid cells when compare actual yield simulations
770 to regional yield statistics over 1986–2015. **(b)** Temporal comparison of spatially averaged (based on the
771 identified grid cells) annual yield simulations under the best-fitted sowing date (Nov_20) with other
772 common practices to regional yield statistics over 1986–2015. The corresponding potential yield
773 simulations in the absence of any abiotic stress (Y_p) are also presented. The asterisk denotes significance at
774 $p < 0.01$.

775 **Fig. 3** Illustrations of simulated seasonal development of mean daily (over 1986–2015) senescent water
776 stress index, photosynthetic Dry Matter Yield (DMY) production rate (kg/ha), grain yield filling rate (kg/ha)
777 and frequency (probability) of daily crop temperature $\geq 38^\circ\text{C}$ (heat stress). **(a)** Early sowing date of Oct_30
778 and **(b)** late sowing date of Dec_20 at three selected representative sites in Alentejo region. The geographic
779 coordinates for the three sites are Beja (37.97°N, 7.96°W), Elvas (38.97°N, 7.21°W) and Evora (38.59°N,
780 7.96°W).

781 **Fig. 4** Quantified and isolated impacts of main abiotic (drought and heat) stresses on potentially attainable
782 yields over 1986—2015 in Alentejo region without adaptations (simulations are performed under different
783 sowing dates). Quantified mean potential yield losses (%) for individual grids are the average of yearly
784 values (ratio of $Y_w - Y_p$ or $Y_h - Y_p$ to Y_p) over 1986—2015, resulting from either **(a)** seasonal water stress
785 only **(b)** or solely from extreme high temperature ($\geq 38^\circ\text{C}$) during grain-filling phase.

786 **Fig. 5** Quantified and isolated impacts of main abiotic (drought and heat) stresses on potentially attainable
787 yields over 1986—2015 in Alentejo region with proposed adaptations (simulations are performed under
788 different sowing dates). Quantified mean potential yield losses (%), the same way calculated before) are
789 either only due to **(a)** seasonal water stress but adopting scheduled supplemental irrigation during the
790 sensitive reproductive stage, **(b)** or solely because of the extreme high temperature ($\geq 38^\circ\text{C}$) during grain-
791 filling phase but introducing the 20% early-flowering/short-cycle cultivar adaptation.

792 **Fig. 6** Simulated average proportion of actual to potential yield over 1986—2015 in Alentejo under
793 combined adaptation options (proposed 20% early-flowering cultivar plus application of supplemental
794 irrigation during the reproductive stage) at different sowing dates.

795 **Fig. 7** Simulations for **(a)** spatial (average yield over 1986–2015) and **(b)** temporal (average yield over the
796 region) wheat yield distributions without and with the combined adaptations (including the climatic

797 potential yield distributions). The individual box-plots from left to right in each defined segment (except
798 for the regional yield statistics) corresponds to sowing date from Oct_30 to Dec_20 with 10 days interval.
799 The box boundaries indicate the 25th and 75th percentiles; the horizontal line within the box marks the
800 median; whiskers below and above the box denote the 10th and 90th percentiles. Note the arithmetic average
801 for both analysed spatial and temporal yield variations would be identical under a given sowing date.